

~ NYSI Youth Coaching Conference ~  
*Youth Coaching Journey  
of Learning & Competing*


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### Talent Identification

- How do we identify Talent?
- Who do we pick?
- Why do we pick them?

*We pick the biggest, strongest, fastest ...  
... and the most skillful!*


### Year-End Baby




### Talent Identification

- Relative Age Effect (RAE)
- Performance vs Potential

### Year-End Babies



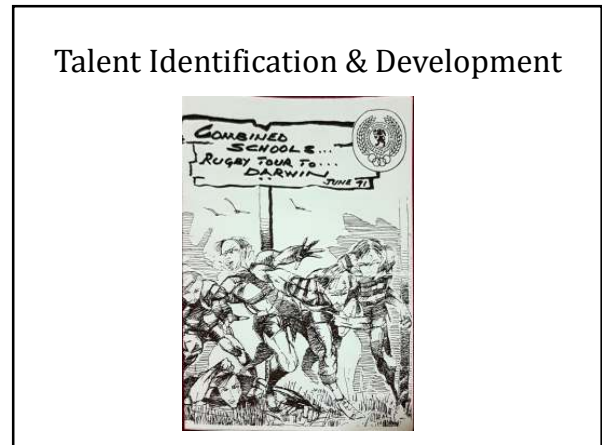
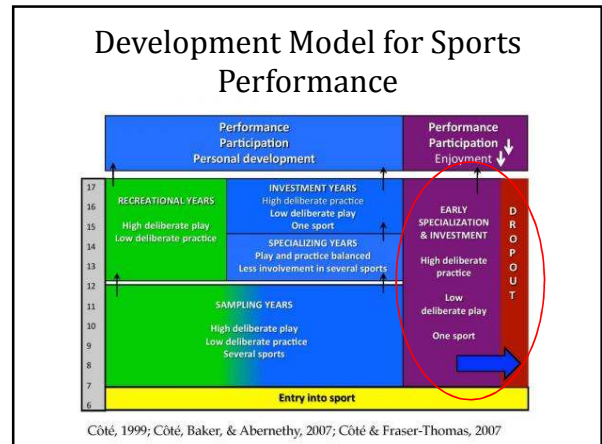
### Long Term Athlete Development



Stages of Athlete Development (Stafford, 2007)

## Long Term Athlete Development

<p><b>Early Specialisation Model</b></p> <ol style="list-style-type: none"> <li>1. Training to Train</li> <li>2. Training to compete</li> <li>3. Training to win</li> <li>4. Retirement/Retainment</li> </ol>	<p><b>Late Specialisation Model</b></p> <ol style="list-style-type: none"> <li>1. Fundamentals</li> <li>2. Learning to Train</li> <li>3. Training to Train</li> <li>4. Training to compete</li> <li>5. Training to win</li> <li>6. Retirement/Retainment</li> </ol>
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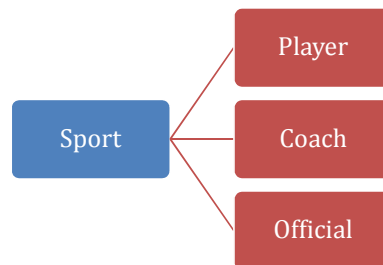


### Talent Identification & Development

- Opportunities to Develop and Succeed



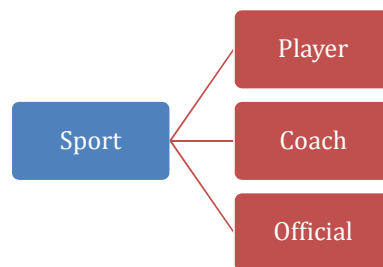
### Providing Opportunities for Development & Success



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### Providing Opportunities for Development & Success



## Coaching Philosophy

*"The role of a coach is ..."*



## Coaching Philosophy

*"The role of a coach is to make himself  
redundant!"*



## Coaching Philosophy

*A coach has the power to positively influence  
the growth and development of young athletes  
so that they may be independent and critical  
thinkers of the sport.*

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*A coach has the power to positively influence  
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*Don't stop Learning!*

Wishing you a  
meaningful and joyful  
Coaching Journey!